ARTHUR BAGCAT Club President



DR. FELINO COLUM NAS DR . JULITA COGO VICE PRESIDENT IPP/COMM. SERVICE



IPP/COMM. SERVICE



MARCELO FUDALAN SECRETARY/ P. E.



ASSISTANT SEC.



MARICEL PANGANIBAN TREASURER/P. N.



PENAPAIR CIMAFRANCA



LEONILA P. MONTERO



PUBLIC IMAGE



KARIN WESEMAEL



INTERNATIONAL SERVICE





AYA MONTERO CAINDEC ANNA LOUISA BUMAGAT **ASSISTANT GOVERNOR** DISTRICT GOVERNOR



COMM. DEVELOPMENT Club Service Director





CLUB NO. 874578

THE WATCHTOWER









THE WATCHTOWER



PROGRAMME

ROTARY CLUB OF PANGLAO ISLAND REGULAR MEETING

Part I 7:30PM

Call to Order

- Pres. Arthur Bagcat Paul Harris Fellow

Invocation and Singing of National Anthem

Rotary Hymn

Object of Rotary and the Four Way Test

AVP AVP

- Rtn. Brylle Camargo

Part III

Secretary's Time Treausrer's Report

Health Tips

President's Message

Rtn. Marcelo FudalanRtn. Maricel Panganiban

- PP Julita Cogo

-Pres. Arthur Bagcat

AGENDA : Repacking of Food Packs donated by RC Kharkiv

: Distribution of Shelter materials

: Installation of Solar lights to Brgy. BongBong and

Bay-ang, Ubay Bohol

: Faclitate the arrival of RC Midtown Quezon City,

fellowship, projects

: Other matters

Part IV Announcement

ADJOURNMENT

INVOCATION

We are thankful for our Rotary fellowship together, with the hand of friendly understanding extended toward other businesses and professions in our own community, to other clubs throughout our land, and to Rotary Clubs beyond the seas! We rejoice in the challenge of life, in these exciting times, and in the spirit of service above self, we pray that our personal lives may be channels for the flow of loving goodwill, in all our relationships, every day. Amen



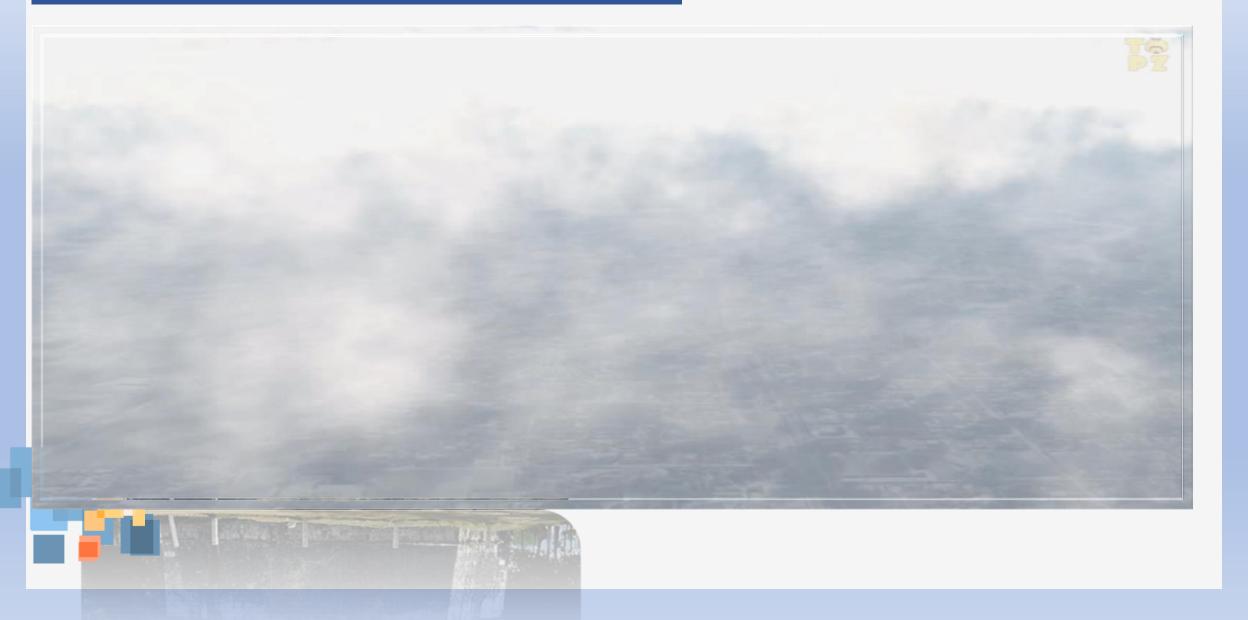


NATIONAL ANTHEM





ROTARY HYMN







OFFICIAL CLUB SONG

USICO.

WE ARE ROTARIANS

COMPOSED BY: HOWARD HOFFMAN

WE ARE ROTARIANS FROM PANGLAO ISLAND AND OUR MAIN GOAL IS TO HELP WE WILL WORK HARDER IF IT IS NEEDED WE PLEDGE OUR SERVICE ABOCE OUR SELF

WE WILL RAISE FUNDS HERE TO HELP THE NEEDY
TO ENJOY A BETTER LIFE
THROUGH EDUCATION OR THROUGH DONATION
WE WILL HELP TO DO IT RIGHT

WE ARE ROTARIANS FROM PANGLAO ISLAND AND OUR MAIN GOAL IS TO HELP WE WILL WORK HARDER IF IT IS NEEDED WE PLEDGE OUR SERVICE ABOCE OUR SELF

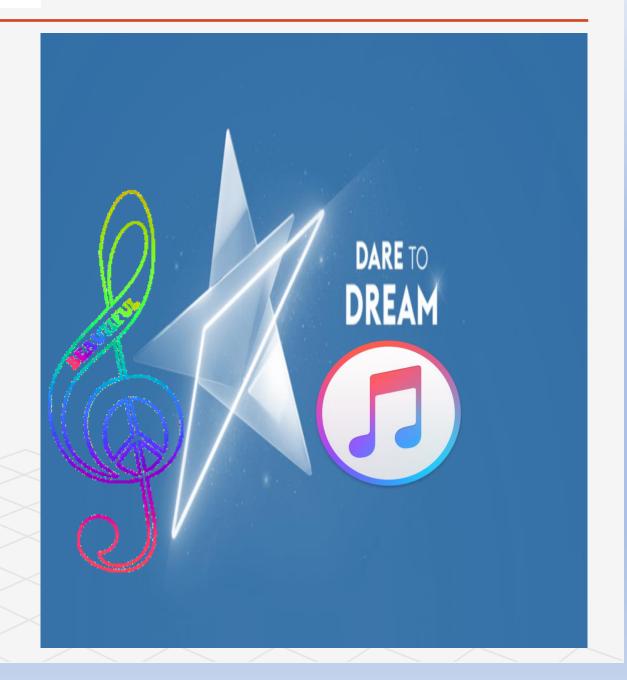
WE LOOK FOR CAUSES THAT ARE TRULY NEEDY
WE WANT TO HELP OUT WHERE WE CAN
OUR SATISFACTION COMES FROM GIVING
SO WE WILL LEND A HELPING HAND

WE ARE ROTARIANS FROM PANGLAO ISLAND

AND OUR MAIN GOAL IS TO HELP WE WILL WORK HARDER IF IT IS NEEDED WE PLEDGE OUR SERVICE ABOCE OUR SELF

WE PLEDGE OUR SERVICE ABOVE OUR SELF

WE PLEDGE OUR SERVICE ABOVE OUR SELF







Rotary Calendar 2021-2022



New Leadership Month



Membership and New Club Development Month



Basic Education and Literacy Month



Economic and Community Development Month



Rotary Foundation Month



Disease Prevention and Treatment Month



Vocational Service Month



Peace and Conflict
Prevention/Resolution Month



Water and Sanitation Month



Maternal and Child Health Month



Youth Service Month



Rotary Fellowships Month





SEVEN AREA OF FOCUS AND AVENUES OF SERVICE





AVENUES OF SERVICE

Channel our commitment to service at home and abroad through five Avenues of Service.

CLUB SERVICE

focuses on making clubs strong.

VOCATIONAL SERVICE

calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society.

COMMUNITY SERVICE

encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve the public interest.

YOUTH SERVICE

recognizes the importance of empowering youth and young professionals through leadership development programs.

INTERNATIONAL SERVICE

exemplifies our global reach in promoting peace and understanding.







THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:



The development of an acquaintance as an opportunity of service:



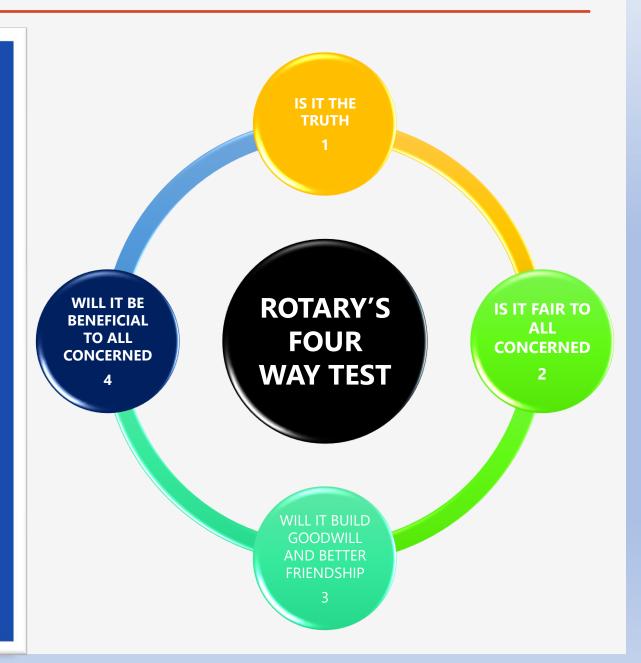
High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society:



The application of the ideal of service in each Rotarian's personal, business and community life:



The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.





Secretary's Desk

MARCELO FUDALAN

RCPI SECRETARY RY 2021-22



FEBRUARY CELEBRANTS







THE WATCHTOWER

TREASURER'S REPORT





RTN. MARICEL A. PANGANIBAN



PRESIDENT'S CORNER





ARTHUR S. BAGCAT RCPI PRESIDENT RY 2021-22

My DEAR fellow life changing Rotarians of Panglao Island!

Providing humanitarian service in our respective community is not an easy task for all of us, and yet you unselfishly dedicate yourselves into it. My sincere and deepest gratitude to all the officers and members who in one way or another provides service above self. We were able to provide a strong humanitarian service to our community in the different Municipality of BOHOL namely: PITOGO, UBAY, MABINI, INABANGGA, TUBIGON, CALAPE, DAUIS ANG PANGLAO, an indication of our significant contribution through service in our neighboring town of Bohol.. Our club was able to gave a genuine service of doing relief operation to the victims of ODETTE not just in our own backyard but penetrating to the different Municipality of Bohol as I mentioned aboved. The officers and members of the Rotary Club of Panglao Island has been very busy in visiting the different Municipalities of Bohol as rotarians in action! and for the distribution of shelter materials and other relief operation for our community.

My sincere thanks to our DONORS RC Midtown Quezon City, RC San Pablo City, RC Kharkhiv Ukraine, District 3860 headed by District Governor Anna Louisa Bumagat and of course my deepest thanks to our founder of RCPI PAG PP Club Administrator PAG PP Mayor Leonila P. Montero for her brilliant mind in directing all these activities of our club, and also the advice and superb ideas of AG Aya Montero Caindec. Also, my deepest gratitude extended to the mentoring and genuine support of IPP Dr. Julita L. Cogo in all the activities of our club, and lastly to the officers and members of RCPI who religiously supported every activities of the club.

THANK YOU SO MUCH LIFE CHANGING ROTARIANS OF PANGLAO ISLAND!!!

ARTHUR S. BAGCAT RCPI PRESIDENT RY 2021-2022







PRESIDENT ARTHUR BAGCAT AT WORK!!





Happy Birthday!











January 13 - Leonila Montero January 17 - Brylle Camargo January 21 - Fructuso Salas

February 03 – Deo Guden February 13 – Lino Sumaylo February 16 – Jeremia Prado

March 07 – Tidus Yiu March 21 - Aya Montero March 23 – Maricel Panganiban March 25 – Kris Vincent Acero

April 24 – Fernand Calalin April 25 – Marcusa Cumayas

June 08 – Romeo Balaba June 24 – Mary Jane Cimafranca

June 13 – Mary Ann Lagnason













July 19 – Geah Marie Dollisen July 26 – JP Maslog

August 03 - Cielo Carael August 05 - Dr. Julita Cogo August 15 - Carol Ventura

September 07 – Ivy Bulaybulay
 September 22 – Thomas Boetsch
 September 23 – Francis Neon Alvares

October 04 – Penapair Cimafranca October 11 - Mary Jane Balaba October 16 – Devy Bendijo

November 01 - Arthur Bagcat November 04 - Minda Kennedy November 05 - Felino Columnas November 24 - Ludovic Gingnagel November 27 - Jovil Balicog

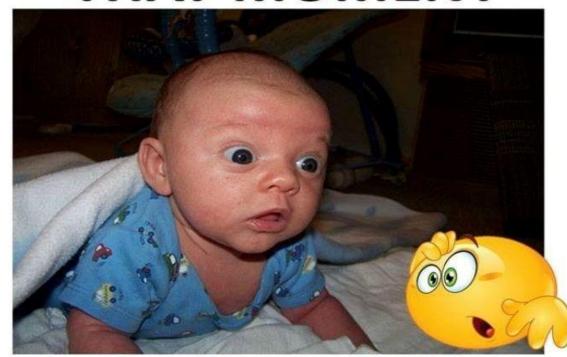
December 05 – Rogie Prado December 21 – Bradpitt Lopez December 27 – Karin Wesemael December 29 – Marcelo Fudalan





JOKE MOMENTS

THAT MOMENT



When You Get Yelled At For Something That Isn't Your Fault

	ROTARY CLUB OF PANGL	
CHARTERED		CLUB NO. 84578
ROASTER MEMBER	CLASSIFICATION	ROASTER NUMBER
Acero, Kris Vincent	Tourism	10511147
Bagcat, Arthur	Jurist Doctor	8175640
Balaba, Romeo	Travel Agent	9181792
Balaba, Mary Jane	Businesswoman	10336152
Balicog, Jovil	Hotelier	9188275
Boetsch, Thomas	Engineer	8500236
Bulay-bulay, Ivy	Hotelier	10646331
Cabal, Jonathan	Military Personnel	10796895
Calalin , Ferdinand	Businessman	9776070
Camargo, Brylle Maylord	Scuba Diver	10633504
Cimafranca, Mary Jane	Teacher	9598559
Cimafranca, Penapair	Politician	9598566
Cogo, Julita	Physician	9776073
Columnas, Felino	Dentist	9776090
Corloncito, Cecil	Engineer	10646310
Diao, Dexter	Businessman	11108754
Fudalan , Marcelo	Businessman	9776094
Guden, Deonico	Director	
Kennedy, Ermigarda	Nurse	10633487
Lopez, Bradpitt	BFP	
Panganiban, Celeste	Tourism	8500293
Maslog, John Paul	Jurist Doctor	11146235
Montero, Leonila	Elected Official	6526131
Caindec, Amira Alia M.	Hotelier	9210022
Okane, Rich	Businessman	10125592
Prado, Jeremia	Businesswoman	10336156
Prado, Rogie	Comp. Engineer	10336168
Sumaylo, Catalino	Budget Officer	9837999
WEsemael, Karin	Tourism	8500045
Udo, Wrobbel	Engineer	8500322
XUI, Tina	Businesswoman	11115845
	HONORARY MEM	IBERS
Bantay, Rosario	Businesswoman	9838045
Bendijo, Devy		
Sevens, Frank	Businessman	9095290
Dollisen, Geah Marie	Gov't Employee	10796897
Lagnason, Mary Ann	Secretary	10633519
Araneta, Chandymar	MIO	
Debbie Cooper		





HEALTH TIPS

ROTARY INFORMATION

4 WEEKS to HEALTHIER HABITS *HEART HEALTH

WEEK 1: EAT WELL

Clear your kitchen of foods containing the following:

high sodium content, solid fats, trans fatty acids (especially partially-hydrogenated oils), refined grain, and added sugar.

When shopping. fill a third of your cart with fresh foods.



WEEK 2: GET MOVING

Take a walk every day.

Mark your calendar to help remind and encourage yourself.

Start with 10 minutes, and add one minute each day.

By the end of week 4, that's 24 minutes per day!

Keep at it until you reach or surpass 30 minutes, then work to increase the intensity of activity.

By adding a new habit each week, you can build on the great lifestyle choices you've already established while supporting total wellness

Getting healthy

starts small,

one step at a time.

WEEK 3: FIND BALANCE

Locate a quiet place where you can be alone and free from distraction, and sit quietly.

Breathe in slowly through your nose and out through your mouth.

Continue for five minutes or longer, depending on how much "calm" time you need to counterbalance your day, every day.





Turn down lights and "disconnect" from screens (television, computer, phone) 30 minutes before bedtime.

Practice the deep breathing you started in week 3 to calm down before turning in.



Go to bed 15 minutes earlier, and do so each day until you wake up feeling energized and refreshed.





JANUARY EVENTS AND ACTIVITIES

- **FEBRUARY 03,2022** JOINT CLUB MEETING BETWEEN RC UBAY AND RCPI HELD AT KIDDIES BAKESHOP UBAY BOHOL.
- FEBRUARY 03, 2022 COMMITTEE MEETING OF RCPI HELD AT MOSIA COFFEE HOUSE TAGBILARAN CITY.
- **FEBRUARY 04, 2022 –** REPACKING OF FOOD PACKS DONATED BY ROTARY CLUB OF KHARKHIV UKRAINE HELD AT GAD OFFICE.
- **FEBRUARY 05, 2022** DISTRIBUTION OF SHELTER MATERIALS AT BARANGAY TANGNAN PANGLAO, BOHOL.
 - JOINT FELLOWSHIP MEETING HELD AT DRAGON RESTAURANT, MODALA BEACH RESORT, PANGLAO, BOHOL.
- **FEBRUARY 06,2022** INSTALLATION OF SOLAR LIGHTS TO BARANGAY BONGBONG MUNICIPALITY OF UBAY BOHOL.
 - -INSTALLATION OF SOLAR LIGHTS TO BARANGAY BAY-ANG MUNICIPALITY OF UBAY BOHOL.
- **FEBRUARY 07, 2022**-FELLOWSHIP MEETING AND DINNER WITH RC MIDTOWN QUEZON CITY HELD AT THE RESIDENCE OF PAG HON. MAYOR LEONILA P.
- **FEBRUARY 10, 2022** DISTRIBUTION OF FOOD PACKS DONATED BY ROTARY CLUB OF KHARKIV UKRAINE TO THE VILLAGE OF PERSON WITH DISABILITY.
- FEBRUARY 17, 2022 FELLOWSHIP MEETING HELD AT THE RESIDENCE OF RTN. ROGIE AND JEREMIA PRADO
- **FEBRUARY 21,2022** ROTARY CLUB OF PANGLAO ISLAND REGULAR CLUB MEETING HELD AT THE RESIDENCE OF IPP DR. JULITA L. COGO.





JOINT CLUB MEETING BETWEEN RC UBAY AND RCPI HELD AT KIDDIES BAKESHOP UBAY BOHOL.







COMMITTEE MEETING OF RCPI HELD AT MOSIA COFFEE HOUSE TAGBILARAN CITY







REPACKING OF FOOD PACKS DONATED BY ROTARY CLUB OF KHARKHIV UKRAINE HELD AT GAD OFFICE





DISTRIBUTION OF SHELTER MATERIALS AT BARANGAY TANGNAN PANGLAO, BOHOL







JOINT FELLOWSHIP MEETING BETWEEN RC MIDTOWN QUEZON CITY AND RCPI





INSTALLATION OF SOLAR LIGHTS TO BARANGAY BONGBONG AND BAY-ANG MUN. OF UBAY BOHOL







FELLOWSHIP MEETING AND DINNER WITH RC MIDTOWN QUEZON CITY HELD AT THE RESIDENCE OF PAG HON. MAYOR LEONILA P. MONTERO





DISTRIBUTION OF FOOD PACKS DONATED BY ROTARY CLUB OF KHARKIV UKRAINE TO THE VILLAGE OF PERSON WITH DISABILITY







FELLOWSHIP MEETING HELD AT THE RESIDENCE OF RTN. ROGIE AND JEREMIA PRADO













ROTARY CLUB OF PANGLAO ISALAND ROSTER OF MEMBERS RY 2021-2022



IPP JULITA L. COGO



IPP LEONILA P. MONTERO



PP AYA M. CAINDEC



PP KARIN WESEMAEL



RTN. MARICEL MADRONA RTN. MARY JANE CIMAFRANCA



RTN JEREMIA PRADO



RTN. MARY JANE BALABA



RTN. MARCUSA CUMAYAS



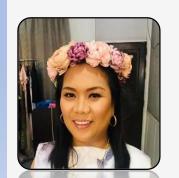
RTN. IVY BULAY-BULAY



RTN. MINDA KENNEDY



RTN. JOVIL BALICOG



RTN. CIELO CARAEL



RTN. CAROL VENTURA



RTN. DEVY BENDIJO



RTN. MARY ANN LAGNSON



RTN. GEAH DOLLISEN



RTN. ROCARION BANTAY





ROTARY CLUB OF PANGLAO ISLAND ROSTER OF MEMBERS RY 2021-2022



ARTHUR T. BAGCAT



MARCELO FUDALAN



ROGIE PRADO



PAG ROMEO BALABA



PENAPAIR CIMAFRANCA



BEN BRADPITT LOPEZ



TIDUS YIU



JOHN PAUL MASLOG



DR.FELINO COLUMNAS



KRIS VINCENT ACERO



THOMAS BOETSCH



JONATHAN CABAL



LUDOVIC GIGNAGEL





ROMAR LABASBAS



FERNAND CALALIN



BRYLLE CAMARGO



IVAN SANDOVAL



ENGR. FRUCTUSO SALAS





CATALINO SUMAYLO





ROTARACT CLUB OF PANGLAO ISLAND ROSTER OF MEMBERS RY 2021-2022



JAMES ARAGON PRESIDENT



JOYVE MARIQUIT VICE PRESIDENT



LOIS JANLEX TRILLANO
SECRETARY



JULIE ANN MANGYAO EXTERNAL SECRETARY



STEVE BONGO SECRETARY ELECT



DANICA ACE MILALLOS
TREASURER



MANUELITA PUNAY TREASURER



EXTERNAL TREASURER



PRES. ELECT



MARK BALDO IPP



KENNETH JAY CAPRICHO MEMBERSHIP



MITZI MARIE DURAN
PROFESSIONAL SERVICE



LEE ADRIAN DENOSO COMMUNITY SERVICE



BELLA MAE BONAO CLUB SERVICE



REXOR JAMES MONZOLIN PUBLIC IMAGE



DEONICO DEO GUDEN CLUB ADMINISTRATOR





ROTARACT CLUB OF PANGLAO ISLAND ROSTER OF MEMBERS RY 2021-2022



DIANE CUMAYAS



FRANCE MARIE TAN



JENNYFER TOLEDO



JHOMARIE MIJOS



JHONREX POJAS



JOYCE MARIQUIT



JOHN MARLOU EULDAN



JULIE ANN MANGYAO



LIEZEL GUIOGUIO



MARIA OPELLA VANESSA ESTOQUIA



MARIO RIVERA



MARK JOSEPH SARIGUMBA



MITZI MARIE AILEEY DURAN



REXOR JAMES MONZOLIN



ROXAN CLENISTA



STEVE BONGO



WELA DELA SERNA **PUNAY**



WENCHELLE DATOY